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**Faculty of Letters and Languages**  
**Department of Letters and English Language**

**A STUDY OF PSYCHOLOGICAL FACTORS  
AFFECTING EFL STUDENTS' ORAL PRODUCTION**

**THE CASE OF FIRST YEAR EFL STUDENTS OF DJILLALI LIABES  
UNIVERSITY OF SIDDI BELABES**

*An Extended Essay Submitted in Partial Fulfillment of the Requirement for a  
Master's Degree in  
Advanced Studies in Contemporary Linguistics*

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## **ABSTRACT**

Spoken language production is often considered one of the most difficult aspects in ELL. In fact, many EFL students find difficulties in expressing themselves with the target language. However, EFL students' learning problem is related to some psychological factors that are responsible for hindering speaking skill such as: shyness, anxiety, and fear of making mistakes, lack of motivation, and lack of self-confidence. This study focused on investigating speaking obstacle of first year LMD students of English in DJELLALI LIABES University of Bel Abbes. The research obtained qualitative and quantitative research method based on data collected through classroom observation and two questionnaires for both students and teachers in order suggest some solutions that may help them in overcoming their psychological factors.

## **ملخص:**

تسلط هذه الأطروحة الضوء على دراسة العوامل النفسية التي تشكل عائق بالكلام لدى متمرسين اللغة الإنجليزية والتي تتمثل في كل من الخجل ، القلق ، الخوف من ارتكاب الأخطاء و نقص الثقة في النفس و نقص التحفيز كما تقدم أيضا بعض الاستراتيجيات و التقنيات التي من المرجح أن تكون فعالة في تطوير التعبير الشفهي لدى طلاب العلم و تساعدهم أيضا على التغلب على هذه العوائق النفسية . ولتفصيل البحث أجرت دراسة ميدانية في جامعة الجيلالي اليابس بسيدي بلعباس مع طلاب السنة الأولى الدارسين للغة الإنجليزية كلغة أجنبية .

**الكلمات الافتتاحية :** التعبير الشفهي ، العوامل النفسية ، الخجل الخوف من ارتكاب الأخطاء ، نقص الثقة في النفس ونقص التحفيز ، التقنيات والاستراتيجيات ، لغة الإنجليزية كلغة أجنبية .

## **Résumé:**

Cette thèse met en valeur les différents facteurs psychologiques supposés gêner les étudiants de la langue anglaise dans leur expression orale, et qui sont illustrés généralement par: la honte, le stress, la peur de commettre des erreurs, le manque de confiance en soi et le manque de motivation. D'autre part cette étude met en œuvre des stratégies et des techniques susceptibles de développer l'expression orale chez ces étudiants et les aider à surmonter ces obstacles psychologiques. Pour étayer cette thèse une étude a été nécessaire au sein de l'Université de DJILALI LIABES De Sidi Bel Abbes avec les étudiants de 1ere années LMD en anglais.

**Mots Clefs :** Expression orale, facteurs psychologiques, honte, la peur de commettre des erreurs, manque de confiance en soi, manque de motivation, stratégies et techniques, l'Anglais comme langue étrangère.

## **Summary:**

This thesis shed light on a study of psychological factors that are responsible for hindering EFL students' speaking skill including shyness, anxiety, fear of making mistakes, lack of confidence and lack of motivation, and provides strategies and techniques that are more likely to be effective in enhancing EFL students' speaking skill, and then overcoming their psychological barrier. For detailing the research, an empirical study took place at DJILLALI LIABES University of Bel Abbes with first year student learning English as foreign language.

**Key words:** speaking skill, psychological factors, shyness, anxiety, fear of making mistakes, lack of confidence, lack of motivation, strategies and techniques, and English as foreign language.